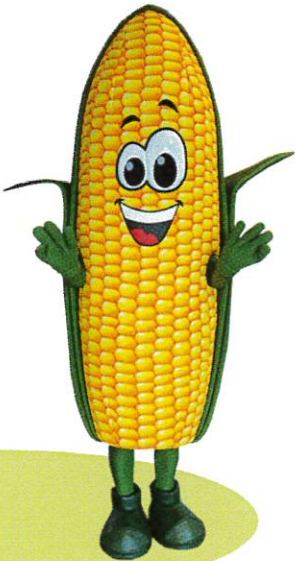




**Mighty MONDAY**      **Tasty TUESDAY**      **Roast of the Day WEDNESDAY**      **Fish THURSDAY**      **Favourites FRIDAY**

**SAMMY SWEETCORN SAYS...**  
 'Enjoy your lunch!'



<b>OPTION 1</b>	Chicken Gyro Pitta	Chicken Nuggets	Roast Chicken & Gravy or Sausages & Gravy	Ocean Friendly Fish Selection	Wholemeal Cheese & Tomato Pizza (v)
<b>OPTION 2</b>	Authentic Pitta Pizza (v)	Crispy Quorn Dippers (v)	Vegetarain Sausage Sizzler (v) & Gravy	Country Garden Vegetable Bake (v)	
<b>JACKET POTATO BAR</b>	<b>Available Daily:</b> Jacket Potato with Cheese & Baked Beans				
<b>CARBS</b>	Rice or Pasta	Herby Diced Potatoes or Pasta	Mashed & Roast Potatoes or Pasta	Potato Wedges or Pasta	Chips or Pasta
<b>CLASSIC DESSERTS</b>	Mini Doughnut	Chocolate Brownie	Muffin Selection	Vanilla Iced Sponge	Fruit Jelly

= Hidden Veg

Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread.  
**Bob Snail** fruit rolls & strips, fresh fruit salads & yoghurt available daily.

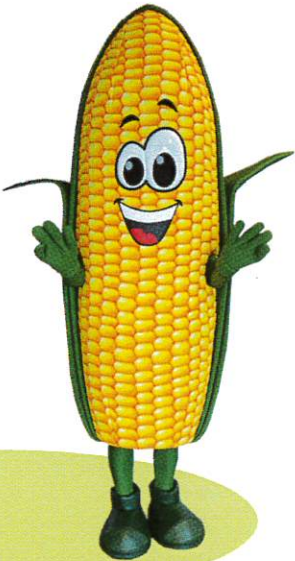


**SHIRE | FRESH |**  
 services | dining |



**Mighty MONDAY      Tasty TUESDAY      Roast of the Day WEDNESDAY      Fish THURSDAY      Favourites FRIDAY**

**SAMMY SWEETCORN SAYS...**  
 'Enjoy your lunch!'



<b>OPTION 1</b>	Oven Baked Sausage & Gravy	Fruity Chicken Taco	Sausage, Yorkshire Pudding & Gravy	Ocean Friendly Fish Selection	Wholemeal Cheese & Tomato Pizza (v)
<b>OPTION 2</b>	Vegetarian Sausage Sizzler (v) & Gravy	Vegan Sausage Roll (ve)	Golden Cheddar Cheese & Potato Pie (v)	Crispy Quorn Dippers (v)	
<b>JACKET POTATO BAR</b>	<b>Available Daily:</b> Jacket Potato with Cheese & Baked Beans				
<b>CARBS</b>	Mashed Potatoes or Pasta	Herby Diced Potatoes or Pasta	Mashed & Roast Potatoes or Pasta	Potato Wedges or Pasta	Chips or Pasta
<b>CLASSIC DESSERTS</b>	Waffles	Peach Crumble & Custard	Muffin Selection	Chocolate Brownie	Fruit Sorbet

= Hidden Veg

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**Bob Snail** fruit rolls & strips, fresh fruit salads & yoghurt available daily.



**SHIRE | FRESH |**  
 services | dining



**Mighty MONDAY**

**Tasty TUESDAY**

**Roast of the Day WEDNESDAY**

**Fish THURSDAY**

**Favourites FRIDAY**

**SAMMY SWEETCORN SAYS...**  
 'Enjoy your lunch!'



<b>OPTION 1</b>	Beef Bolognese	Original Chicken Tikka Masala	Chicken Meatballs, Mash & Gravy	Ocean Friendly Fish Selection	Wholemeal Cheese & Tomato Pizza (v)
<b>OPTION 2</b>	Country Garden Vegetable Bake (v)	Vegan Sausage Roll (ve)	Plant Based Meat Balls & Gravy (v)	Oven Baked Mac 'n' Cheddar Cheese (v)	
<b>JACKET POTATO BAR</b>	<b>Available Daily:</b> Jacket Potato with Cheese & Baked Beans				
<b>CARBS</b>	Herby Diced Potatoes or Pasta	Rice or Pasta	Mashed Potatoes or Pasta	Potato Wedges or Pasta	Chips or Pasta
<b>CLASSIC DESSERTS</b>	Marble Sponge & Choc Sauce	Chocolate Crowns	Ice Cream	Cookie Selection	Fruity Jelly

= Hidden Veg

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